

My Last Meal on Earth Cookbook - Scott Gee, MD

What Foodies Crave... at the End of Days

Climate Change, Nuclear War, Covid-25, Planet Killer Comet, Zombie Apocalypse, Alien Invasion... you never know... right???

There won't be any restaurants open so learn how to cook your favorite +/- last meal!

Methodology: 500 Elite Yelp Reviewers with over 200 restaurant reviews/each and filled in the "My Last Meal On Earth" field in their Yelp Profile were randomly selected from 10 Cities. Portland, Los Angeles, Houston, New Orleans, Charleston, New York, Boston, Chicago, Kansas City and Denver. Tabular results are shown on the last page.

My Last Meal on Earth - Highlights

Mom/Grandma

- Anything my Grandma Ginny makes.
- My mom's Canh Chua Ca Kho
- My Mom's Adobo with a side of Palabok.
- Colombian Arroz con Pollo made by my mom.
- My mom's homemade porridge or my boyfriend's mom's homemade pho.
- My Mom's suckling pig with myrtle's leaves.
- Mom's string beans, rice noodles with beef, & chicken soup.
- Spaghetti w/ mom's meat sauce
- Mother's pho. Second day of simmering, of course.
- My Grandma's Goat Curry.
- Steak, grandma's stuffed artichokes and a plate of cheese.
- Mom's penne vodka.
- My grandma's lasagna.
- My mother's Volga-German style bierocks.
- Mom's Spaghetti & Meatballs & ANYTHING Truffle (especially fries!).
- Grandma's Country Fried Steak.
- My mom's prime rib and mashed potatoes.
- Mom's mac and cheese,
- Anything my mom makes.
- My grandmother makes a simple potato and cheese biscuit that can cure anything.
- My lovely Italian grandma's gnocchi.
- A dish from the motherland.
- My mom's goat curry, biryani with apricots, pointed gourd, and mangoes.
- Grandma's Hawaiian cooking.
- My mom's beef stroganoff.
- Grandma's Veggie Stew w/ sour cream, cheese, and saltines. Can't beat memories.
- My mom's galbi jjim and kimchi jjigae.
- My mother's potato salad, a hot fudge sundae and a bloody Mary.

Funny

- Nutella, marshmallow cream, chunky PB, sliced bananas, strawberry in a pancake.
- Poorly prepared fugu sushi.
- Cheese steak and cheesecake.
- French fries...hash browns...chips....tater tots...anything made from a potato.
- Ramen, mac n cheese, earl grey ice cream, chicken nuggets, matcha everything.
- Chirashi bowl of hamachi, otoro, sake and uni. Covered with a layer of foie gras.
- Chitlins... they're... an acquired taste.
- Church's fried chicken - and I'm not sharing.
- RICE. ICE CREAM. Roasted mushrooms. Seriously
- Meat on meat.

- A tub of fried chicken... because even if it wasn't my last meal, it would be.
- Can I have a variety plate with all my fav's?
- Not relevant because I'll die in my sleep after lovemaking.
- The one restaurant in SF that hasn't been yelped yet.
- Friskies Buffet.
- Waffles fries with a bottle of ketchup.
- I will become a robot, obviously...
- It would take a while. Burnt ends, grape leaves, broccoli, and about 100 others
- i have to pick? i would like a smorgasbord of everything....
- 100% without a doubt, hands down it would be meatloaf and mashed potatoes.
- Kind of a creepy question...
- A Baja Gordita and double decker taco. They're like crack to me.
- Something that takes 10 years to eat.
- Steak. All. Day. Long. Oh, and burgers, burgers fo sho.
- Barbecued rubbed ribs eaten with my hands & licking my fingers.
- Ramen, mac n cheese, earl grey ice cream, chicken nuggets, matcha everything.
- I would live so I can eat.
- Turkey sammich on a French roll EXTRA MAYO.
- Bourbon.
- Better not be ordinary.
- Everything. Ever. Bacon & cheese=necessary. With a side of maraschino cherries.
- Anything ethnic, Indian, Thai, sushi, Cuban, Greek, ohh or fondue! Yummy!!!
- Tacos and sushi. Or a tushi... or sacos?
- Chips and that fake orange queso stuff in a crock pot
- Food for thought- Unless you are on death row, you don't get to pick.
- Oysters and Champagne with the Hot Firemen.
- Mystery bags and mash. For non-Aussies, mystery bags = sausages.
- Probably a Brazilian churrascaria.... So...Much...Meat.
- Not my last meal, but sometimes I dream of that Niku Udon in Onya.
- Lobster and a 48-ounce Porterhouse steak both drenched in garlic butter.
- Waf-a-waf-a-waf-awa-waffles!!!
- Anything with Costco chicken.
- I can only have one?????
- Lifesaver - It was worth a try.
- It'll probably be something fed to me in a tube.
- The longest submarine sandwich ever!
- I want to try fugu from Japan because I'm damned if I do and damned if I don't.
- Death By Chocolate.
- All you can eat endless buffet with no time limit.
- If it's the last meal I'll have, I won't need the energy where I'm going...N/A.
- Some sort of soup, or pasta, or a burger, maybe sushi?... wait DUCK! GAH ALL OF IT.
- A very long one - preferably with 150 courses.
- Sorry, there won't ever be a last meal.
- Indian, Or Thai, Or Vietnamese, Or Pizza, Or Mexican. Did I mention seafood?
- All the hardcore drugs that I'm too afraid to try in real life...
- Will be so damn good I'll die before I finish.
- A bottle of red wine and Xanax because death is anxiety provoking.
- I'm not on Death Row, so I don't really think about it.
- It would literally have to be a 30-course meal...
- TOUGH QUESTION!!.....maybe a Vegas buffet. I want it all.
- Hopefully won't be too soon...
- Something unhealthy.

- An unhealthy amount of fried cheese and ice cream.
- Good & Plenty candy and sparkling water...I know...
- Hoping I have some more time to research.
- Anything as long as it is accompanied by a good IPA!
- Would I have teeth? Maybe an ochazuke, then, in case I don't.
- Pasta, french fries, bread: The holy trinity of simple carbs.
- Would involve only desserts.
- Death by sushi and frozen yogurt.
- It is not the meal, it is the company.... but it will involve chocolate!
- Banh Mi Sandwich in one hand and a slurpee on the other.
- 2 totino's pizzas smashed together into a pizza sandwich.
- Spanish tapas (and pitchers of sangria).
- A Bloody Mary.
- All of the shave ice in the world.
- Donut appetizer, cinnamon roll pancakes with a huge meaty omelette and taters.

Destination

- The Ambrosia Burger, sitting on the terrace of Nepenthe in Big Sur.
- Sushi at Sukiyabashi Jiro in Tokyo.
- Da Michele marinara pizza but at a seaside table on the Amalfi Coast.
- Bouillabaisse on the inner harbor in Marseille.
- I'd go to Les Quintz Nits in Barcelona. In part because I'd get to die in Spain.
- Pizza, chianti, and gelato while strolling the streets of Florence.
- Poké bowl at the beach from Ono in Honolulu, HI.
- The perfect pizza slice in NYC.
- French Laundry, Sukiyabashi Jiro, elbulli would have made it too.
- Gelato in Italy.
- Fresh sashimi from the Tsukiji Fish Market.

General

- Donuts and bacon and eggs and steak and creme brulee and a meal from Portillos.
- Dark chocolate strawberries with a 20 year tawny port.
- BBQ, really good moist Texas BBQ with a good juicy cheeseburger for dessert.
- A well seared steak, fresh Maine Lobster, with a gourmet Mac & Cheese side.
- A smorgasbord of dumplings, noodles, pasta, desserts and more!
- A Hanukkah feast: brisket, latkes, sufguniyot, kugel, stuffed cabbage.
- Coxinha tomalley picanha torta undegujorim oysters ikura uni chutoro.
- I'm not sure, but I do know potatoes are involved.
- Probably anything with cheese.
- Anything with butter and lemon.
- Banana full-fat-yogurt peanut soymilk smoothie OR Pizza bagels with extra garlic.
- Flying Pie Pizza, Chinese Delicacy fish Dumplings & seared Kobe beef,.
- Hong Kong Style Waffles and some sweet and sour Fish.
- Home-made ice cream, roasted heirloom tomato soup & toasted cheese sandwich!
- Ceviche! and a molten chocolate cake.
- Med. rare ribeye, lobster tail, SCALLOPS, buttery mashed potatoes, cheesecake...
- Seafood Pasta (lobster, shrimp, calamari, and octopus), with a side of steak!
- Would involve lots of bread, cheese, pasta, meat, and seafood.
- Fresh Dungeness Crab, cheese fondue, cut vegetables and a nice pinot gris.
- Seafood, Steak, Champagne and Cocktails.
- Buttery Steak + Poutine + Fried Chicken + Dumplings.
- Kobe Beef steak and Rockzilla Lobster and a gallon of drawn butter.
- Anything with the family.
- Lutz's prime rib sammy, broiled rock shrimp, mom's dumplings, & a parasol taco.

- Definitely poutine with extra cheese curds, Texas BBQ, and a hard whiskey, neat.
- A5 Wagyu with shaved black truffles.
- Steamed Maine lobster served seaside and Maine blueberry pie a la mode.
- Fried chicken, fried okra, mashed potatoes, filet mignon steak.
- My wife's Buffalo Chicken Loaf covered in her Cheesy Buffalo chicken dip.
- Avocado, white sharp cheddar, sea salt, aioli, olive oil on toasted Ciabatta.
- Medium Rare Cheeseburger, Well Done Fries, & A Large Coke
- French, sushi, sesame crackers with hummus, golden Oreos, Japanese cheesecake.
- Grilled cheese and tomato soup.
- Bitterballen (van dobben).
- Stir-fried morning glory.
- Some sort of juicy, delicious steak
- BBQ Tri-Tip, Steak Fries, Asparagus, Green Salad, Ice Tea, Coconut Cream Pie,
- Japanese Wagyu and Jamon Iberico de bellota.
- A meal fit for a nawab of Awadh (I bet you're confused).
- A selection of foods that are spicy, salty, sweet, savory & flavorful.
- Mofongo de pulpo con empanadas, tostones y pasteles.
- Uni with quail egg.
- Medium rare ribeye cooked with herb butter.
- Seafood!!! Scallops, crab, lobster, mussels, oysters, shrimp, fish... ALL!!!!
- 30-yr-old scotch, spicy cheesy mac, red velvet cake.
- Lobster, mashed potatoes, stuffed shrimp, & a bottle of amazing Zin.
- Chinese Chicken Salad.
- Clam chowder, lots of sushi, and mango and sticky rice.
- Nice ribeye steak - Medium and a side of jasmine rice. I'm so Asian.
- My husband's Italian food and carrot cake and his monster cookies.
- Wagyu (Kagoshima or Miyazaki beef) & Merlot.
- A steaming bowl of hand pulled noodles.
- A grilled rib eye with tortillas and salsa.
- Fresh crab and garlic noodles.
- An amazing spread of fresh sashimi and sushi rolls served on a boat.
- Louisiana-style crawfish boil w/ a bowl of sea urchin and salmon roe.
- Schweinshaxe, War Sui Gai, and bò kho.
- Hamachi Kama, foie gras, pork belly, Bone marrow, sashimi, saba, seabass, black cod.
- Mashed potatoes and rose milk tea with boba.
- Kitfo or Yuk Hwe (all raw).
- Raw soy sauce marinated crab, Korean style.
- White Truffles & eggs, Burrata, Scallops, olive oil cake/gelato.
- One big fat juicy rib-eye, please.
- Could be anything as long as I get to share with my loved ones.
- Luca d'Italia fusilli with truffle sauce.
- A big greasy burger with sweet potato fries and a diet coke!!
- Prime Rib with Creamed Spinach or Kaiseki.
- French Fries and Champagne.
- Something with great steak and a glass of Horchata.
- Linguini with Clam Sauce.
- Avocado shake and mushroom risotto.
- Perfect strawberries and dark chocolate, asparagus, lobster and champagne.
- Oysters and Allegash White followed by a Mushroom Pizza.
- KHORESH BADEMJAN with tahdig.
- 24 oz. porterhouse, kalbi, pho dac biet, pulled pork sando, bbq spare-ribs.
- Curry Rice, French Fries, and Ramen Noodles.

My Last Meal on Earth (N=500)

Food	# of Respondents	# of Recipes
Mom' Cooking - lasagna meat, vegan	51	2
Steak - ribeye, filet, porterhouse, tomahawk, wagyu, kobe, truffles Petite Filet blue cheese crust	48	8
Sushi - nigiri, maki, musubi, tempura lobster, soft-shelled crab, Poké/chirashi bowl	45	7
Pizza - Neapolitan, NY	37	2
Fries - plain, truffle, parmesan, Poutine with extra cheese	33	4
Burger - chuck, Kobe, chili, pastrami, Loco Moco	28	5
Pasta - bolognese, meatball, clam red/white, carbonara, Alfredo, truffle, chicken Bryan, ravioli	25	9
Lobster Whole - American, Chinese, Baked Lobster Tempura, baked with cheese	23	4
Fried Chicken - Southern, Korean, Japanese	23	3
Chocolate - cake, red velvet cupcake	17	2
Mashed Potatoes - plain, garlic	14	2
Mac & Cheese - plain, fried, smoked, spicy, baked	12	5
Shrimp - BBQ, po boy, in Chili-Mustard Sauce, Alfredo	12	4
Crab - legs, cake	12	2
American BBQ - brisket, ribs, pork	11	3
Pho	10	1
Tacos - fish, breakfast, birria, carne asada	10	4
Thai Food - mango sticky rice, shrimp pad Thai, mango salad	10	3
Bread - garlic, Cuban, sourdough	9	3
Vietnamese - egg rolls, Bun thit nuuong, banh xeo, Banh Mi, Bun Bo Hue	9	5
Ramen - shoyu, miso, tonkatsu, Tsukemen	8	4
Oysters - raw, BBQ	8	4
Cheesecake - homestyle, cherry, peanut butter cup	8	3
Asian Dumplings - pork + cabbage, shrimp, scallop, crab, siu mai, won ton	8	6
Cocktails - bloody mary, key lime martini, margarita, Manhattan	8	4
Indian Food - lamb Josh Rogan, chana dal, Goat Curry/Biryani, tiki masala	7	4
Nachos	6	1
Burrito - steak, breakfast, vegan	6	3
Scallops - seared, Spicy Scallop Bibimbap	6	3
Duck - a l'orange, confit, Peking	6	3
Prime Rib	6	1
Japanese Food - udon, creamy miso shabu shabu, ochazuke, katsu curry, soba	6	5
Mexican Food - arroz con pollo, ceviche, Chili Rellenos, Guacamole, Chimichanga, enchiladas	6	6
Baked Potato - plain, twice baked, loaded	6	3
Mushrooms - stuffed, ragout, julienned, grilled	6	4
Salad - Blackened Tofu Caesar Salad, edamame salad, Italian, chopped, Caesar	6	5
Salmon - smoked, Sorel glazed, pssta	5	3
Meatballs	5	2
Lamb - rack, chops	5	2
Lobster Roll	5	2
Tiramisu	4	1
Waffles - plain, sausage & gouda	4	3
Chinese - Crab Cantonese, S&P Pork, YC fried rice, congee, General Tso, chow fun, dan dan	4	7
Cajun. Creole - Crawfish - boiled, étouffée, gumbo, Creole shrimp	4	4
Sweet Potato Fries	4	1
Chili - meat, vegan	4	2
Pudding - butterscotch, bread, biscotti	4	3
Key Lime Pie	3	1
Veal/chicken Parmesan/Picatta	3	4
Clams - black bean sauce, Geoduck + wasabi, raw clam with lime/pepper/horse radish/hot sauce!!	3	3
Korean BBQ	3	1
Chicken Wings - Buffalo, lemon pepper, Asian	3	3
Biscuit - plain, cheese, potato and cheese	3	3
Poke - shoyu, wasabi	3	2
Meatloaf - traditional, loaded	3	2
Risotto - lobster, scallop, saffron, truffle	3	4
Chicken Fried Steak	3	1
Mussels - pom frites, garlic, Thai curry	3	3
Tater Tots - bacon & cheese, chili cheese, loaded	2	3
Spaetzle - cheese, gravy, mushroom and truffles	2	3
Fried Cheese Curds	2	1
Foie Gras - pate, seared, with steak	2	3
Filipino Food - Adobo chicken/pork, palabok, Longganisa with vinegar, fried egg, and garlic fried rice	2	5
Chocolate Chip Cookies	2	2
Heirloom tomato soup & toasted cheese sandwich!	2	2
Total Recipes		213